



Information Packet

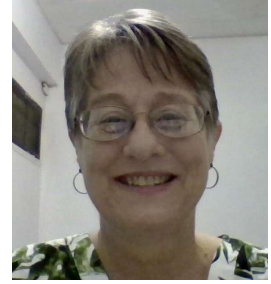
Ministering God's Love in Northern Thailand

Sponsored by:
Lanna Theological Center
Christian Mission to the Orient

Meet The COB Leaders

1. Carmen Filbeck

Carmen has been around Thailand all her life. She was born in Thailand to missionary parents. Carmen currently wears several hats: She is the Director of Lanna Theological Center. She is the Administrator of her sending organization, C.M.O., and she coordinates the COB teams.



2. Dr. Ken Filbeck and Christine Filbeck

Ken is Carmen's brother, so he is not new to Thailand either. As a medical student, Ken's dream was to become a missionary doctor. But that door never opened for him. Instead, God gave him a new dream. In 2008, he began the Community of Blessing Medical Clinic Teams. Dr. Ken's role is the medical consultant for teams. His wife, Christine was also raised in Thailand to missionary parents. She serves as one of the translators for medical.

3. Cheryl Bassett

Cheryl is a retired dental hygienist from southern Illinois (USA) Way back in 2011 we invited her to come on a trip. She did and she kept returning. She is now our Dental Station Coordinator.



4. Roy and Pat Batterham: Roy is from Australia and has lived and worked in Thailand for many years. His wife, Pat is Thai. We came to know Roy through his sister, Anne who came on her first trip in 2014. Since then, she and Roy have come on multiple trips. Roy and Pat and Anne are team leaders for Vision Station.

Lanna Theological Center Staff

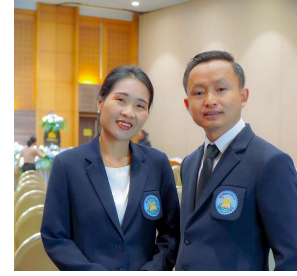


1. Baan-dit

Bann-dit is a Bible professor and the Dean of Students for LTC. He is from the Lahu Cha-le ethnic group. His wife, Mai (M-eye) is Lisu. They are highly active in evangelism, church planting and encouraging small churches among this ethnic group. He is one of the translators for the health providers.

2. Wanchai and Jane:

Wanchai is a graduate of LTC. He joined the staff in 2014, just two years after graduating. He and Jane were married in 2019. They live on campus and are supervisors for the Men's Dorm among many other responsibilities. Both are from the Ka-ren people group. Jane usually translates for Pharmacy and Wanchai serves as clinic pastor.



3. Boyd Chairut

For many years, Boyd worked in media production with various organizations. In 2014, he and his wife were challenged to consider full-time ministry. Boyd accepted the challenge and enrolled at LTC. After graduating, LTC invited Boyd to join the faculty for a few years. He and his wife are very active in a ministry to the Deaf in Chiang Mai. If he is available to come, he serves as translator for medical providers.

LTC Student Team. The clinics could not happen without the help of the students. They do the registration, help in the vision station, and pastoral care.



2024 July COB Team Ready to head out to the mountains.

Positions Available.

COB runs 3 stations. Health /Pharmacy, Vision Exams and Dental Care. We have positions for both medical providers and for non-medical volunteers. The number of stations and team members depends on the number of professional providers.

Medical: 3- 6 providers. There are 4 exam positions and 2 Pharmacy positions (includes preparing & distributing Meds and giving injections, (Cortisol and Vitamin B12) Exam providers can be EMTs, nurses, upper-class nursing students, medical school students, or MDs.

*If we do not have 6 providers, 1-2 Non-Medical person can manage distribution of Meds in Pharmacy.

Physical Therapist: We always welcome physical therapist to come. We can provide a sturdy table.

Vision Care Station : **3-5 Members** We can have 3 exam stations. Each station has a foreign volunteer paired with a LTC Student to do an old fashion exam using flippers. And 2 examiners for Reading Glasses.

Dental : (2- 4 Members) This station is the most complex with the most equipment. Dentist, Hygienist, or dental assistants are all welcome to come and use their skills. Students in any of these fields are also welcomed to come.



The station requires at least **1 person** to manage the Sanitation table. This person can be a non-medical person.

Other positions that can be filled:

- 1 Blood pressure Table. Record BP of each patient as they go through registration
2. Recorder. Pictures, videos and social media post creator

Team Totals:

Small Team:

Professional needs : 2 medical, 1 dental,

Non-professional : 6 for Vision, Pharmacy, dental support

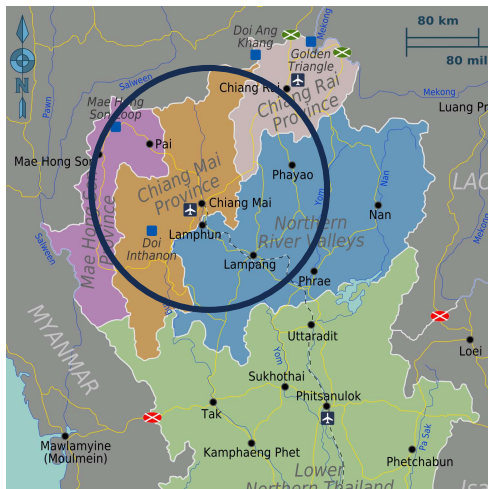
Total: 9 members

Large team maximum

Professional: 4 medical, 3 dental

Non-Professional up to 9

Total: 16 members



Where we are going:

We usually go to villages that are within 3-5 hour drive of Chiang Mai. We usually stay within the circle on this map.

Those decisions are usually decided closer to the time. We work with local evangelist and let them choose which villages to take us to. Sometimes they take us to three different villages and other times we stay in one village for the three days.

When are the Dates for the COB Mission Trips?

We usually schedule two teams each year. One at the end of January and another one in June.

1. January 27—Feb. 3, 2026
2. June, 2026: This date is still in discussion.
3. January 27—Feb 2, 2027
4. Summer 2027 Dates to be decided

Typical Schedule

Here is a typical Schedule for a COB Team The date will usually start on a Tuesday and go to the next Tuesday. Below is a typical schedule

(Tue)	Arrive no later than Noon. Get settled into Hotel. Evening Supper together
(Wed)	Spend Day at LTC organizing and preparing for Clinic, Meet LTC students and Faculty Lunch and Supper
(Th)	Check out of Hotel. Back to LTC to pack up and load up. Early Lunch at LTC. Travel to Site. Supper at Base Hotel
Fri, Sat, Sun	3 Days of Clinics in Villages Breakfast and suppers at Base Hotel. Lunch provided in villages
Mon	Check out, load up and back to Chiang Mai. Lunch provided Arrive at LTC, unload everything. Back to Hotel. Evening is free. If you want to go to Night Bazaar, can order a Grab .
Tue.	Optional Day. If you want to stay and do some Tourist stuff, we can arrange a group activity, or everyone can arrange their own. **The Clinic fee does not include Hotel for the night of Feb 3.

Cost: USD: \$725 plus cost of ticket.

*Each team member or church team will arrange their own ticket. Cost depends on point of departure, but usually runs between \$1,200---\$1,500

*Community of Blessing Teams are self-funded. The fees are used for the expenses of the clinic and cover the following expenses:

1. Medical and General Supplies
2. Housing.

In Chiang Mai, we will arrange for you to stay at a 2 Star hotel not far from LTC.

The accommodations are basic, but clean and breakfast is provided.

In the mountains, we will stay at a hotel in a central location and travel to the villages each day.

3. Transportation : LTC has two pick ups and we will hire vans.
4. Food: Meals will be provided. Breakfast at the hotel,

*Fees are tax deductible

*We do suggest team members bring extra funds for snacks.

Application Process.

We ask everyone to complete the application at the Managed Missions website by using the QR code here. Or you can request a link from Carmen at carmenfilbeck@gmail.com



Step #1: Complete the application and submit.

Step #2: Carmen will review and set up a Zoom meeting with you. Once you have been assigned a team position, you can use this website to set up your own profile and send it out to fund raise for your trip.

Step #3: Meet with the Team 2 times via Zoom.

***Note:** This process can be modified to coordinate with a church who is recruiting their own team. We will work with the team leader/ missions pastor to develop communication process.

Payment options:

1. Can pay on-line via the Managed Mission Application System using Stripe.
2. Send a Check to C.M.O. PO Box 488 Bedford TX 76095.
Write in Memo COB Team Fees

Payment Schedule :

You can pay the full amount or break it into payments. A payment schedule will be provided for each Team. Full payment must be made no later than one month prior to departure for Thailand.

Travel:

Each member is responsible for purchasing their own ticket to Chiang Mai.

At this time, there is a visa exempt program for United States. HOWEVER,... there are rumblings that it could change and everyone will have to complete a visa application prior to arrival. We will send you the information as it becomes clear.

No vaccinations are required for Thailand. However, we do recommend having an updated Tetanus and Hep. B Vaccine

Cash: If you bring cash to exchange, make sure the bills are crisp and new with absolutely no markings. The Thai banks are very strict. You can use the ATM machines to withdraw from your home bank. Let your home bank know of your travel plans.

If you have any other questions, please contact Carmen Filbeck at carmenfilbeck@gmail.com

